



Interboro High School

Lunch Station Menu

May 4 - May 8, 2015



	Monday	Tuesday	Wednesday	Thursday	Friday
	Baja Flats Chicken Parmesan on a WG Bun Sweet Potatoes Green Beans Pears	Brunch for Lunch Hash Browns Fresh Baby Carrots Fresh Orange Wedges	Baja Flats Pasta Bar Garlic Bread Tossed Salad Carrots Mixed Fruit	Tacos WG Wrap Brown Rice Refried Beans Corn Peaches	Baja Flats Chicken Nuggets Assorted Sauces Dinner Roll Potato Puffs Applesauce
Today's Special: Served Daily: 	Chicken Patty Sandwich Cheesesteaks Toasted Ham & Cheese Today's Panini: w/Dijon Mustard Panini	Buffalo Chicken Patty Cheeseburger Hamburger Chicken Patty Sandwich Cheesesteaks	Cheeseburger Hamburger Chicken Patty Sandwich Cheesesteaks Buffalo Ranch Cheese Panini	Chicken Parm Wrap Cheeseburger Hamburger Chicken Patty Sandwich Cheesesteaks	Cheeseburger Hamburger Chicken Patty Sandwich Cheesesteaks Chicken w/Bacon Panini
Today's Special: Served Daily: 	Hawaain Pizza Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Chicken Brushetta Pizza Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	BBQ Chicken Cheese Pizza Pepperoni Pizza
	Meatball Sub on a Roll Chicken Club on a Roll	Roma Cheese Flatbread Buc's Melt on a Wrap	Chicken Cordon Bleu on a Wrap Pizza Steak on a Roll	Cheeseburger Wrap Chicken Quesadilla on a Wrap	Grilled Cheese & Bacon on WG Bread Tuscan Chicken on a Roll
	Made to Order Deli Sandwiches Assorted Meats Assorted Cheeses Assorted Bread/Rolls	Made to Order Deli Sandwiches Assorted Meats Assorted Cheeses Assorted Bread/Rolls	Made to Order Deli Sandwiches Assorted Meats Assorted Cheeses Assorted Bread/Rolls	Made to Order Deli Sandwiches Assorted Meats Assorted Cheeses Assorted Bread/Rolls	Made to Order Deli Sandwiches Assorted Meats Assorted Cheeses Assorted Bread/Rolls
Today's Special: 	Chicken Caesar	Deli Chef Salad	Cobb Salad	Catalina Roast Turkey Club	Crispy Chicken Popper
Milk Choices:	1% White, FF Chocolate, FF Strawberry	1% White, FF Chocolate, FF Strawberry	1% White, FF Chocolate, FF Strawberry	1% White, FF Chocolate, FF Strawberry	1% White, FF Chocolate, FF Strawberry



Go to MyPlate.gov for online personal wellness resources for you and your family.



* Indicates whole grain

Questions or comments?

Please call Donna Miles, Food Service Director at 610-237-6410 Ext.5 or email at donna.miles@interborosd.org.

