



Interboro High School

Lunch Station Menu
May 18 - May 22, 2015



	Monday	Tuesday	Wednesday	Thursday	Friday
	Baja Flats Sweet & Sour Popcorn Chicken Brown Rice Sweet Potatoes Green Beans/Pears	IN SERVICE	Baja Flats Build a Salad with Assorted Vegetables OR Chicken Caesar with Dinner Roll Mixed Fruit	Grilled Cheese Tomato Soup Potato Puffs Applesauce	Baja Flats NO LUNCHES
Today's Special: Served Daily:  Today's Panini:	Cheeseburger Hamburger Chicken Patty Sandwich Cheesesteaks Toasted Ham & Cheese w/Dijon Mustard Panini	IN SERVICE	Cheeseburger Hamburger Chicken Patty Sandwich Cheesesteaks Buffalo Ranch Cheese Panini	Pizza Burger Cheeseburger Hamburger Chicken Patty Sandwich Cheesesteaks	NO LUNCHES
Today's Special: Served Daily: 	Hawaain Pizza Cheese Pizza Pepperoni Pizza	IN SERVICE	Chicken Brushetta Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	NO LUNCHES
	Chicken Cheese Steak on a Roll Grilled Chicken w/ Bacon & Cheddar on a WG Wrap	IN SERVICE	Chicken Cordon Bleu on a Wrap Pizza Steak on a Roll	Cheeseburger Wrap Chicken Quesadilla on a Wrap	NO LUNCHES
	Made to Order Deli Sandwiches Assorted Meats Assorted Cheeses Assorted Bread/Rolls	IN SERVICE	Made to Order Deli Sandwiches Assorted Meats Assorted Cheeses Assorted Bread/Rolls	Made to Order Deli Sandwiches Assorted Meats Assorted Cheeses Assorted Bread/Rolls	NO LUNCHES
Today's Special: 	Chicken Caesar Salad	IN SERVICE	Cobb Salad	Catalina Roast Turkey Club	NO LUNCHES
Milk Choices:	1% White, FF Chocolate, FF Strawberry	1% White, FF Chocolate, FF Strawberry	1% White, FF Chocolate, FF Strawberry	1% White, FF Chocolate, FF Strawberry	1% White, FF Chocolate, FF Strawberry



Go to MyPlate.gov for online personal wellness resources for you and your family.



* Indicates whole grain

Questions or comments?

Please call Donna Miles, Food Service Director at 610-237-6410 Ext.5 or email at donna.miles@interborosd.org.

